

NAWD Six Feet on the Ground Foundation LEVEL -FREESTYLE

Foundation Level: An introduction to the foundational body control maneuvers on the ground

- Rhythm, relaxation, and freedom of movement are key
- An elementary attempt at bend and balance is shown

	TEST	DIRECTIVES	Coeff
1	Halt and Salute at the beginning of the test	Willing, balanced, square halt. Immobility	1
2	Lead from the left side at the walk a min. 8-10 steps in a straight line	Straightness, quality of the walk	1
3	Lead from the right side at the walk a min. 8-10 steps in a straight line	Straightness, quality of the walk	1
4	Turn on the forehand 360° right	Willingness, straightness and balance. Rhythm and correct footfalls	1
5	Turn on the forehand 360° left	Willingness, straightness and balance. Rhythm and correct footfalls	1
6	Turn on the haunches 90° right	Willingness, straightness and balance. Rhythm and correct footfalls	1
7	Turn on the haunches 90° left	Willingness, straightness and balance. Rhythm and correct footfalls	1
8	Back horse 5-8 steps	Willingness, straightness, rhythm, diagonal pairing footfalls	1
9	Have horse walk 10ft or further away from handler in at least 1 complete circle counter clockwise	Willingness, straightness and balance. Rhythm and correct footfalls	1
10	Have horse walk 10ft or further away from handler in at least 1 complete circle clockwise	Willingness, straightness and balance. Rhythm and correct footfalls	1
11	Have horse trot 10ft or further away from handler in at least 1 complete circle counter clockwise, halt for 5 seconds	Size and shape of circle, bend, quality of gait. Willing, balanced, straight, halt. Immobility	1
12	Have horse trot 10ft or further from handler in at least 1 complete circle clockwise, halt for 5 seconds	Size and shape of circle, bend, quality of gait. Willing, balanced, straight, halt. Immobility	1
13	Halt and Salute at the end of the test	Willing, balanced, square halt. Immobility	1
14	Transitions	Smooth, willing and balanced transitions between gaits and maneuvers	2
15	All-Around score for the demonstration of the training scale in non-required maneuvers	Quality of Rhythm, Relaxation, Connection, Impulsion, Suppleness, Straightness, & Collection in all non-required maneuvers	2
16	Overall creativity & design of the freestyle routine	Composition, arrangement and flow of maneuvers. Creativity and artistry of the performance. Music suitability (if used)	2

COLLECTIVE MARKS

GAITS (purity, quality, elasticity, & regularity of tempo & rhythm)	0
SUPPLENESS & RELAXATION (looseness, flexibility, softness, & balance)	0
Overall RESPONSIVENESS, ATTENTIVENESS, & HARMONY with the handler - (the horse willing to receive the handler's aids)	0
HANDLER (quality of connection & lightness)	0
HANDLER (timing of aids, handling of equipment & position of body)	0
ACCURACY OF TEST (geometry, timing & execution of transitions)	0