

NAWD Preparation (Walk) Tests

NAWD Preparation Tests may be ridden in your choice of tack. If a Western Saddle is used, NAWD Western Dressage Rules apply. If a dressage saddle is used, NAWD Dressage rules apply.

The NAWD Preparation Tests contain 3 types of walk. Working, Medium, and Free Walk

Working Walk

- A steady, relaxed walk that is comparable to the walk that the horse would naturally offer without rider influence.
- A 4-beat rhythm is maintained
- The head and neck are in a natural position according to the conformation of the horse.

Medium Walk

- In the medium walk there is an increase in energy. The horse remains relaxed and may show lengthening in the stride.
- The tracks of the hind feet fall into or beyond the tracks of the front feet.
- The horse reaches forward to the bit and maintains a light, consistent connection with the rider's hands with the nose in front of the vertical and the poll at the highest point.

Free walk

- As the rider lengthens the reins, the horse demonstrates a desire to maintain contact by following the bit forward and downward.
- Strides become noticeably longer and the horse covers more ground while maintaining a steady tempo.

NAWD Preparation Tests are scored similar to standard dressage tests, with a score and comments given from 1-10 for each movement and overall scores given at the end for "Collective Marks". The collectives for the NAWD Preparation tests are as follows:

COLLECTIVE MARKS		Coeff
1	GAITS (purity, quality, elasticity, and regularity of tempo and rhythm)	2
2	SUPPLENESS, STRAIGHTNESS, & RELAXATION (looseness, flexibility, softness and balance)	2
3	RESPONSIVENESS, ATTENTIVENESS & HARMONY (the horse's willingness to receive the rider's aids)	2
4	RIDER POSITION Balance & Position of seat and legs	3
5	RIDER USE OF AIDS Use of SEAT and LEGS as primary aids Lightness and position of HANDS	3
6	ACCURACY (geometry, timing, execution of transitions)	2
Dressage score meanings (for rider's convenience)		Subtotal
0- not executed 6- satisfactory		Less: Errors (Enter as a Positive Number)
1- very bad 7- fairly good		TOTAL
2- bad 8- good		Possible
3- fairly bad 9- very good		Percentage
5- sufficient		The NAWD Objective judging system provides guidance for participants and judges.
		NAWDhorse.org

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NAWD Preparation test 1				
A walking introduction to the discipline of dressage			▶Rhythm, relaxation, and freedom of movement are key ▶An elementary attempt at bend and balance is shown ▶Basic acceptance of the aids, obedience	
POSTING IS ALLOWED			CORNERS: MAX 10 METER BEND	
ARENA SIZE: SMALL 20X40 METERS				
TEST			DIRECTIVES	Coeff
1	A X	Enter working walk Halt, Salute Proceed working walk	Straightness & relaxation Balance, Immobility Quality of gait	1
2	C	Track left	Balance in turn. Quality of gait	1
3	E	Circle left 15m	Size and shape of circle, direction of bend, quality of gait	1
4	A	Halt 5 seconds Proceed working walk	Willing, smooth transitions Immobility	2
5	FXH H	Change rein, developing free walk Working walk	Willingness to stretch the neck forward and down, Relaxation lengthening of stride. Straightness on diagonal	2
6	C	Halt & loosen reins Stand for 5 seconds Gather reins, proceed working walk	Willing, smooth transitions Immobility	2
7	B	Circle right 15m, continue on rail to K	Size and shape of circle, direction of bend, quality of gait	1
8	KXM M	Change rein, developing free walk Working walk	Willingness to stretch the neck forward and down, Relaxation lengthening of stride. Straightness on diagonal	2
9	E	Turn left	Balance in turn. Quality of gait	1
10	X	Turn left	Balance in turn. Quality of gait	1
11	G	Down Centerline; Halt, Salute	Straightness on Centerline, Willing, smooth transition Immobility	1

Leave arena on a loose rein.

Thank you Friends of Sound Horses for the inspiration and foundation for these tests!

www.fosh.info

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NAWD Preparation test 2				
<i>A walking introduction to the discipline of dressage</i>			►Rhythm, relaxation, and freedom of movement are key	
			►An elementary attempt at bend and balance is shown	
			►Basic acceptance of the aids, obedience	
POSTING IS ALLOWED			CORNERS: MAX 10 METER BEND	
ARENA SIZE: SMALL 20X40 METERS				
TEST			DIRECTIVES	Coeff
	A X	Enter working walk Halt, Salute Proceed working walk	Straightness & relaxation Balance, Immobility Quality of gait	1
	C	Track right	Balance in turn. Quality of gait	1
	M to F F	Develop Medium Walk Working Walk	Smooth transitions, clear difference, straightness	1
	A	Circle right 20m, Halt for 1 second as you cross the centerline	Size and shape of circle, direction of bend, quality of gait, willing and balanced halt	2
	E B	Turn right Track left	Balance in turns. Quality of gait	1
	C	Circle right 20m, Halt for 1 second as you cross the centerline	Size and shape of circle, direction of bend, quality of gait, willing and balanced halt	2
	H to K K	Develop Medium Walk Working Walk	Smooth transitions, clear difference, straightness	1
	FXH H	Free Walk Working Walk	Willingness to stretch the neck forward and down, Relaxation lengthening of stride. Straightness on diagonal	2
	C	Halt & loosen reins Stand for 5 seconds Gather reins, proceed working walk	Willing, smooth transitions Immobility	2
	B	Turn right	Balance in turn. Quality of gait	1
	X	Turn right	Balance in turn. Quality of gait	1
	G	Down Centerline; Halt, Salute	Straightness & relaxation, Quality of Gait Balance, Immobility	1

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NAWD Preparation test 3				
A walking introduction to the discipline of dressage			►Rhythm, relaxation, and freedom of movement are key	
			►An elementary attempt at bend and balance is shown	
			►Basic acceptance of the aids, obedience	
POSTING IS ALLOWED			CORNERS: MAX 10 METER BEND	
ARENA SIZE: SMALL 20X40 METERS				
TEST			DIRECTIVES	Coeff
	A	Enter working walk	Straightness & relaxation Balance, Immobility Quality of gait	1
	X	Halt, Salute Proceed working walk		
	C	Track right	Bend/Balance, Quality of gait	1
	HXF	Develop Medium Walk Working Walk	Smooth transitions, clear difference, straightness	1
	A	Develop Medium Walk, Circle right 20m	Size and shape of circle, direction of bend, quality of gait	2
	E	Working walk	Smooth & precise transition, Bend/Balance, Quality of gait	1
	C	Halt & loosen reins Stand for 5 seconds Gather reins, proceed working walk	Willing, smooth transitions Immobility	2
	MXK K	Free Walk Working Walk	Willingness to stretch the neck forward and down, Relaxation lengthening of stride. Straightness on diagonal	2
	FXH	Develop Medium Walk Working Walk	Smooth & precise transition, Bend/Balance, Quality of gait	2
	C	Develop Medium Walk, Circle right 20m	Size and shape of circle, direction of bend, quality of gait	1
	B	Working walk	Smooth transition, Bend/Balance, Quality of gait	1
	A X	Down Centerline Halt, Salute	Straightness & relaxation, Quality of Gait Balance, Immobility	1

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NAWD Preparation test 4				
A walking introduction to the discipline of dressage			►Rhythm, relaxation, and freedom of movement are key	
			►An elementary attempt at bend and balance is shown	
			►Basic acceptance of the aids, obedience	
POSTING IS ALLOWED			CORNERS: MAX 10 METER BEND	
ARENA SIZE: SMALL 20X40 METERS				
TEST			DIRECTIVES	Coeff
1	A Btwn D&X	Enter working walk Halt, Salute Proceed working walk	Straightness & relaxation Balance, Immobility Quality of gait	1
2	C	Track left	Balance in turn. Quality of gait	1
3	H	Halt for 1 Second Proceed Working Walk	Willing, Immobile, precise halt Smooth transition, Quality of gait	1
4	Btwn H&E E	Medium Walk Circle left 15m	Size and shape of circle, direction of bend, quality of gait	1
5	Btwn K&A	Develop working walk	Willing transition. Quality of gait	1
6	AXC	2 loop serpentine at working walk 20m loops	Size, shape, placement of loops, direction of bend, quality of gait	2
7	MXK	Change rein, Free Walk	Willingness to stretch the neck forward and down, Relaxation lengthening of stride. Straightness on diagonal	2
8	K A	Working Walk Medium Walk	Smooth transition, clear difference	1
9	FXH	Change rein, Free Walk	Willingness to stretch the neck forward and down, Relaxation lengthening of stride. Straightness on diagonal	2
10	Btwn H&C	Develop working walk	Clear difference, Quality of gait, Smooth Transition	1
11	CXA	2 loop serpentine at working walk 20m loops	Size, shape, placement of loops, direction of bend, quality of gait	2
12	Btwn A&F	Develop medium walk	Clear difference, Quality of gait	1
13	F	Halt for 1 Second Proceed Working Walk	Willing, Immobile, precise halt Smooth transition, Quality of gait	1
14	B	Circle right 15m at medium walk	Size and shape of circle, direction of bend, quality of gait	1
15	MXK	Change rein, medium walk	Straightness, Quality of gait	1
16	Btwn K&A	Develop working walk	Clear difference, Quality of gait	1
17	A X	Down Centerline Halt, Salute	Straightness & relaxation, Quality of Gait Balance, Immobility	1

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