

2019 Western Dressage - Progression Level Test 1

*Progression Level:
Tests incorporate movements that further develop
suppleness and balance*

►Rhythm, relaxation and freedom of movement are key
►Balance, Straightness, and Suppleness are developing
►Horse shows greater acceptance of the aids and less resistance to the bridle

Arena and Set up: Dressage court 20m x 40m or 20m x 60m

		TEST	DIRECTIVES	Coeff
1	A X	Enter working jog Halt through the walk, salute. Proceed working jog	Straightness on centerline. Willing and smooth transitions. Balanced, straight, immobile halt. Quality of gaits	1
2	C	Track right working jog	Bend and balance in turns. Quality of gait	1
3	B	Circle right 20m working jog	Size and shape of circle, bend and balance, quality of gait	1
4	Btwn F&A	Develop working lope right lead	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
5	A	Circle right 20m working lope right lead	Size and shape of circle, bend and balance, quality of gait	2
6	Btwn A&K	Develop working jog Continue to C	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
7	Btwn C&M	Working walk	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
8	MXK K	Change rein, free walk Working walk	Willingness to stretch the neck forward and down, straightness on diagonal, lengthening of stride, smooth transitions	2
9	Btwn A&F	Working jog	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
10	B	Circle left 20m working jog	Size and shape of circle, bend and balance, quality of gait	1
11	Btwn M&C	Develop working lope left lead	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
12	C	Circle left 20m working lope left lead	Size and shape of circle, bend and balance, quality of gait	2
13	Btwn C&H	Develop working jog	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
14	E	Circle left 20m free jog, before E gather reins	Quality of stretch. Size and shape of circle. Willing and smooth transitions	2
15	A X	Down centerline Halt, through the walk, salute	Bend and Balance in turns. Straightness on centerline. Willing, balanced, straight halt. Immobility	1

COLLECTIVE MARKS				Coeff
GAITS (purity, quality, elasticity, and regularity of tempo and rhythm)				1
SUPPLENESS & RELAXATION (looseness, flexibility, softness and balance)				2
RESPONSIVENESS, ATTENTIVENESS & HARMONY (the horse's willingness to receive the rider's aids)				2
RIDER - position (balance, position and independence of seat and legs)				2
RIDER - use and position of HANDS (quality of connection, lightness)				2
ACCURACY (geometry, timing, execution of transitions)				2