

## 2019 Western Dressage - Foundation Level Test 6

Foundation Level: An introduction to the discipline of dressage			►Rhythm, relaxation and freedom of movement are key ►An elementary attempt at bend and balance is shown ►Basic acceptance of the aids, obedience	
NEW MANEUVERS: Lope				
Arena and Set up: Dressage court 20m x 40m or 20m x 60m				
		TEST	DIRECTIVES	Coeff
1	A X	Enter working jog Halt through walk, salute, develop working jog	Straightness on centerline. Willing, balanced, immobile halt. Smooth transition	1
2	C	Track right working jog	Balance in turns. Quality of gait	1
3	MXK	Change rein working jog	Straightness on diagonal, balance in corners, quality of gait	1
4	A	Circle left 20m working jog	Size and shape of circle, bend and balance, quality of gait	2
5	A Bfr A	Circle left 20m, developing working lope left lead in first quarter of circle Develop working jog	Size and shape of circle. Bend and balance. Willing transitions. Quality of gaits	1
6	FXH	Change rein working jog	Straightness on diagonal, balance in corners, quality of gait	2
7	Btwn M&C	Develop working walk	Willing transition. Quality of gait	1
8	M-F F	One loop 5m off track free walk Working walk	Willingness to stretch the neck forward and down. Relaxation, lengthening of stride. Straightness on diagonal. Direction of bend	2
9	Btwn F&A	Develop working jog	Willing, smooth transition. Quality of gait	1
10	A	Circle right 20m working jog	Size and shape of circle, bend and balance, quality of gait	2
11	A Bfr A	Circle right 20m, developing working lope right lead in first quarter of circle Develop working jog	Size and shape of circle. Bend and balance. Willing transitions. Quality of gaits	1
12	KXM	Change rein working jog	Straightness on diagonal, balance in corners, quality of gait	1
13	E	Halt through the walk, lengthen reins, stand for 4 seconds. Proceed on loose rein at the walk	Willing, balanced, immobile halt. Relaxation, quality of gait	1
14	Bfr K	Gather reins and develop working jog	Willing, smooth transition. Quality of gait	2
15	A X	Down centerline Halt through the walk, salute	Balance in turns. Straightness on centerline. Willing, balanced, straight halt. Immobility	1
COLLECTIVE MARKS				Coeff
GAITS (purity, quality, elasticity, and regularity of tempo and rhythm)				1
SUPPLENESS & RELAXATION (looseness, flexibility, softness and balance)				2
RESPONSIVENESS, ATTENTIVENESS & HARMONY (the horse's willingness to receive the rider's aids)				2
RIDER - position (balance, position and independence of seat and legs)				2
RIDER - use and position of HANDS (quality of connection, lightness)				2
ACCURACY (geometry, timing, execution of transitions)				2