2019 Western Dressage - Foundation Level Test 5

Foundation Level: An introduction to the discipline of dressage Rhythm, relaxation and freedom of movement are key
An elementary attempt at bend and balance is shown
Basic acceptance of the aids, obedience

NEW MANEUVERS: One loop working jog Arena and Set up: Dressage court 20m x 40m or 20m x 60m TEST DIRECTIVES Coeff Enter working jog Α Straightness on centerline. Willing, balanced, Halt through the walk, salute, develop working 1 1 Х immobile halt. Smooth transition jog Track right working jog 2 С Balance in turns. Quality of gait 1 Size and shape of circle, bend and balance, quality Circle right 20m working jog 3 В 1 of gait 4 One loop 5m off track working jog Balance and bend. Quality of gait K-H 2 5 Bfr C Develop working walk Willing transition. Quality of gait 1 Willingness to stretch the neck forward and **MXK** Free walk 6 down. Relaxation, lengthening of stride. 2 Κ Working walk Straightness on diagonal Btwn Develop working jog 7 Willing, smooth transition. Quality of gait 1 A&F Size and shape of circle, bend and balance, quality 8 Circle left 20m working jog 2 В of gait One loop 5m off track working jog 9 H-K Balance and bend. Quality of gait 1 Down centerline Α Balance in turns. Straightness on centerline. 10 2 Х Working walk Quality of gait G Halt, salute Willing, balanced, straight halt. Immobility 1 11

COLLECTIVE MARKS	Coeff
GAITS (purity, quality, elasticity, and regularity of tempo and rhythm)	1
SUPPLENESS & RELAXATION (looseness, flexibility, softness and balance)	2
RESPONSIVENESS, ATTENTIVENESS & HARMONY (the horse's willingness to receive the rider's aids)	2
RIDER - position (balance, position and independence of seat and legs)	2
RIDER - use and position of HANDS (quality of connection, lightness)	2
ACCURACY (geometry, timing, execution of transitions)	2