2019 Western Dressage - Foundation Level Test 4

Foundation Level: An introduction to the discipline of dressage

- ►Rhythm, relaxation and freedom of movement are key
- ►An elementary attempt at bend and balance is shown
- ▶Basic acceptance of the aids, obedience

NEW MANEUVERS: One loop free walk, stand at halt & walk on loose rein

Arena and Set up: Dressage court 20m x 40m or 20m x 60m					
		TEST	DIRECTIVES	Coeff	
1	A X	Enter working jog Halt through the walk, salute, develop working jog	Straightness on centerline. Willing, balanced, immobile halt. Smooth transition	1	
2	С	Track left working jog	Balance in turns. Quality of the jog	1	
3	HXF	Change rein working jog	Straightness on diagonal, balance in corners, quality of gait	1	
4	Α	Circle right 20m working jog	Size and shape of circle, bend and balance, quality of gait	2	
5	Btwn A&K	Working walk	Willing transition. Quality of gait	1	
6	K-H H	One loop 5m off track free walk Working walk	Willingness to stretch the neck forward and down, lengthening of stride, smooth transitions, direction of bend	2	
7	С	Halt, lengthen reins, stand for 4 seconds Proceed on loose rein at the walk	Willing, balanced, immobile halt. Relaxation	1	
8	Bfr M	Gather reins and develop working jog	Willing and smooth transition. Quality of gait	2	
9	мхк	Change rein working jog	Straightness on diagonal, balance in corners, quality of gait	1	
10	Α	Circle left 20m working jog	Size and shape of circle, bend and balance, quality of gait	2	
11	Btwn A&F	Working walk	Willing transition. Quality of gait	1	
12	F-M M	One loop 5m off track free walk Working walk	Willingness to stretch the neck forward and down, lengthening of stride, smooth transitions, direction of bend	1	
13	С	Working jog	Willing and smooth transition. Quality of gait, straightness	1	
14	HXF	Change rein working jog	Straightness on diagonal, balance in corners, quality of gait	2	
15	A X	Down centerline Halt through the walk, salute	Balance in turns. Straightness on centerline. Willing, balanced, straight halt. Immobility	1	

COLLECTIVE MARKS	
GAITS (purity, quality, elasticity, and regularity of tempo and rhythm)	
SUPPLENESS & RELAXATION (looseness, flexibility, softness and balance)	
RESPONSIVENESS, ATTENTIVENESS & HARMONY (the horse's willingness to receive the rider's aids)	
RIDER position (balance, position and independence of seat and legs)	
RIDER - use and position of HANDS (quality of connection, lightness)	2
ACCURACY (geometry, timing, execution of transitions)	2