2019 Western Dressage - Foundation Level Test 3

Foundation Level: An introduction to the discipline of dressage

Rhythm, relaxation and freedom of movement are key
An elementary attempt at bend and balance is shown
Basic acceptance of the aids, obedience

N	NEW MANEUVERS: 5 second halts					
A	Arena and Set up: Dressage court 20m x 40m or 20m x 60m					
		TEST	DIRECTIVES	Coeff		
1	A X	Enter working jog Halt through the walk, salute, develop working jog	Straightness on centerline. Willing, balanced, immobile halt	1		
2	С	Track left working jog	Balance in turns. Quality of gait	1		
3	Btwn H&E E	Develop working walk Halt	Willing transition. Quality of gait. Willing, balanced, straight halt	1		
4	E	Stand for 5 seconds, proceed working walk	Immobility. Willing transition. Quality of gait	2		
5	Btwn E&K	Develop working jog	Willing transition. Quality of gait	1		
6	A	Circle left 20m working jog	Size and shape of circle, direction of bend, quality of gait	2		
7	FXH	Change rein working jog	Straightness on diagonal, quality of gait, balance in corners	1		
8	с	Circle right 20m working jog	Size and shape of circle, direction of bend, quality of gait	2		
9	Btwn M&B B	Develop working walk Halt	Willing transition. Quality of gait. Willing, balanced, straight halt	1		
10	В	Stand for 5 seconds, proceed working walk	Immobility. Willing transition. Quality of gait	2		
11	Btwn B&F	Develop working jog	Willing transition. Quality of gait	1		
12	кхм	Change rein working jog	Straightness on diagonal, quality of gait, balance in corners	1		
13	Btwn C&H	Develop working walk	Willing transition. Quality of gait	1		
14	н-к к	Free walk Working walk	Willingness to stretch the neck forward and down. Relaxation, lengthening of stride. Willing and smooth transitions	2		
15	A D	Down centerline Halt through the walk, salute	Balance in turn. Straightness on centerline. Quality of gait. Willing, balanced, straight halt	1		

COLLECTIVE MARKS	
GAITS (purity, quality, elasticity, and regularity of tempo and rhythm)	
SUPPLENESS & RELAXATION (looseness, flexibility, softness and balance)	
RESPONSIVENESS, ATTENTIVENESS & HARMONY (the horse's willingness to receive the rider's aids)	
RIDER - position (balance, position and independence of seat and legs)	2
RIDER - use and position of HANDS (quality of connection, lightness)	
ACCURACY (geometry, timing, execution of transitions)	