

2019 Western Dressage - Foundation Level Test 1

<i>Foundation Level:</i> <i>An introduction to the discipline of dressage</i>			►Rhythm, relaxation and freedom of movement are key ►An elementary attempt at bend and balance is shown ►Basic acceptance of the aids, obedience	
Arena and Set up: Dressage court 20m x 40m or 20m x 60m				
		TEST	DIRECTIVES	Coeff
1	A	Enter working jog down centerline without halting	Straightness on centerline. Relaxation. Quality of gait	1
2	Btwn X&G	Develop working walk	Willing transition. Straightness on centerline. Quality of gait	1
3	C	Track left working walk	Balance in turns. Quality of gait	1
4	Btwn C&H	Develop working jog	Willing transition. Quality of gait	1
5	E-B B	Half circle left 20m working jog Proceed straight ahead	Size and shape of circle, direction of bend, quality of gait	2
6	Btwn M&C	Develop working walk	Willing transition. Quality of gait	1
7	HXF	Change rein, free walk	Willingness to stretch the neck forward and down. Relaxation, lengthening of stride. Straightness on diagonal	2
8	F	Working walk	Willing transition. Quality of gait	1
9	Btwn A&K	Develop working jog	Willing transition. Quality of gait	1
10	E-B B	Half circle right 20m working jog Proceed straight ahead	Size and shape of circle, direction of bend, quality of gait	2
11	Btwn F&A	Develop working walk	Willing transition. Quality of gait	1
12	A	Down centerline	Balance in turns, straightness on centerline. Quality of gait	1
13	X	Halt, salute	Willing, balanced, straight halt. Immobility	1

COLLECTIVE MARKS				Coeff
GAITS (purity, quality, elasticity, and regularity of tempo and rhythm)				1
SUPPLENESS & RELAXATION (looseness, flexibility, softness and balance)				2
RESPONSIVENESS, ATTENTIVENESS & HARMONY (the horse's willingness to receive the rider's aids)				2
RIDER - position (balance, position and independence of seat and legs)				2
RIDER - use and position of HANDS (quality of connection, lightness)				2
ACCURACY (geometry, timing, execution of transitions)				2