

## 2019 Dressage - Progression Level Test 1

*Progression Level:  
Tests incorporate movements that further develop  
suppleness and balance*

- ▶Rhythm, relaxation and freedom of movement are key
- ▶Balance, Straightness, and Suppleness are developing
- ▶Horse shows greater acceptance of the aids and less resistance to the bridle

**Arena and Set up: Dressage court 20m x 40m or 20m x 60m**

		TEST	DIRECTIVES	Coeff
1	A	Enter working trot	Straightness on centerline. Willing and smooth transitions. Balanced, straight, immobile halt. Quality of gaits	1
	X	Halt through the walk, salute. Proceed working trot		
2	C	Track right working trot	Bend and balance in turns. Quality of gait	1
3	B	Circle right 20m working trot	Size and shape of circle, bend and balance, quality of gait	1
4	Btwn F&A	Develop working canter right lead	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
5	A	Circle right 20m working canter right lead	Size and shape of circle, bend and balance, quality of gait	2
6	Btwn A&K	Develop working trot Continue to C	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
7	Btwn C&M	Working walk	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
8	MXK K	Change rein, free walk Working walk	Willingness to stretch the neck forward and down Straightness on diagonal, lengthening of stride, smooth transitions	2
9	Btwn A&F	Working trot	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
10	B	Circle left 20m working trot	Size and shape of circle, bend and balance, quality of gait	1
11	Btwn M&C	Develop working canter left lead	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
12	C	Circle left 20m working canter left lead	Size and shape of circle, bend and balance, quality of gait	2
13	Btwn C&H	Develop working trot	Willingness, balance, accuracy, smoothness of transition. Quality of gait	1
14	E	Circle left 20m free trot, before E gather reins	Quality of stretch. Size and shape of circle. Willing and smooth transitions	2
15	A	Down centerline	Bend and balance in turns. Straightness on centerline. Willing, balanced, straight halt. Immobility	1
	X	Halt, through the walk, salute		

COLLECTIVE MARKS		Coeff
GAITS (purity, quality, elasticity, and regularity of tempo and rhythm)		1
SUPPLENESS & RELAXATION (looseness, flexibility, softness and balance)		2
RESPONSIVENESS, ATTENTIVENESS & HARMONY (the horse's willingness to receive the rider's aids)		2
RIDER - position (balance, position and independence of seat and legs)		2
RIDER - use and position of HANDS (quality of connection, lightness)		2
ACCURACY (geometry, timing, execution of transitions)		2