

## 2019 Dressage - Foundation Level Test 5

<p><i>Foundation Level:</i> <i>An introduction to the discipline of dressage</i></p>	<ul style="list-style-type: none"> <li>▶Rhythm, relaxation and freedom of movement are key</li> <li>▶An elementary attempt at bend and balance is shown</li> <li>▶Basic acceptance of the aids, obedience</li> </ul>
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**NEW MANEUVERS: One loop working trot**

**Arena and Set up: Dressage court 20m x 40m or 20m x 60m**

		TEST	DIRECTIVES	Coeff
1	A X	Enter working trot Halt through the walk, salute, develop working trot	Straightness on centerline. Willing, balanced, immobile halt. Smooth transition	1
2	C	Track right working trot	Balance in turns. Quality of gait	1
3	B	Circle right 20m working trot	Size and shape of circle, bend and balance, quality of gait	1
4	K-H	One loop 5m off track working trot	Balance and bend. Quality of gait	2
5	Bfr C	Develop working walk	Willing transition. Quality of gait	1
6	MXK K	Free walk Working walk	Willingness to stretch the neck forward and down, Relaxation lengthening of stride. Straightness on diagonal	2
7	Btwn A&F	Develop working trot	Willing, smooth transition. Quality of gait	1
8	B	Circle left 20m working trot	Size and shape of circle, bend and balance, quality of gait	2
9	H-K	One loop 5m off track working trot	Balance and bend. Quality of gait	1
10	A X	Down centerline Working walk	Balance in turns. Straightness on centerline. Quality of gait	2
11	G	Halt, salute	Willing, balanced, straight halt. Immobility	1

COLLECTIVE MARKS		Coeff
GAITS (purity, quality, elasticity, and regularity of tempo and rhythm)		1
SUPPLENESS & RELAXATION (looseness, flexibility, softness and balance)		2
RESPONSIVENESS, ATTENTIVENESS & HARMONY (the horse's willingness to receive the rider's aids)		2
RIDER - position (balance, position and independence of seat and legs)		2
RIDER - use and position of HANDS (quality of connection, lightness)		2
ACCURACY (geometry, timing, execution of transitions)		2