

2019 Dressage - Foundation Level Test 4

*Foundation Level:
An introduction to the discipline of dressage*

- ▶Rhythm, relaxation and freedom of movement are key
- ▶An elementary attempt at bend and balance is shown
- ▶Basic acceptance of the aids, obedience

NEW MANEUVERS: One loop free walk, stand at halt & walk on loose rein

Arena and Set up: Dressage court 20m x 40m or 20m x 60m

		TEST	DIRECTIVES	Coeff
1	A X	Enter working trot Halt through the walk, salute, develop working trot	Straightness on centerline. Willing, balanced, immobile halt. Smooth transition	1
2	C	Track left working trot	Balance in turns. Quality of the trot	1
3	HXF	Change rein working trot	Straightness on diagonal, balance in corners, quality of gait	1
4	A	Circle right 20m working trot	Size and shape of circle, bend and balance, quality of gait	2
5	Btwn A&K	Working walk	Willing transition. Quality of gait	1
6	K-H H	One loop 5m off track free walk Working walk	Willingness to stretch the neck forward and down, lengthening of stride, smooth transitions, direction of bend	2
7	C	Halt, lengthen reins, stand for 4 seconds Proceed on loose rein at the walk	Willing, balanced, immobile halt. Relaxation	1
8	Bfr M	Gather reins and develop working trot	Willing and smooth transition. Quality of gait	2
9	MXK	Change rein working trot	Straightness on diagonal, balance in corners, quality of gait	1
10	A	Circle left 20m working trot	Size and shape of circle, bend and balance, quality of gait	2
11	Btwn A&F	Working walk	Willing transition. Quality of gait	1
12	F-M M	One loop 5m off track free walk Working walk	Willingness to stretch the neck forward and down, lengthening of stride, smooth transitions, direction of bend	1
13	C	Working trot	Willing and smooth transition. Quality of gait, straightness	1
14	HXF	Change rein working trot	Straightness on diagonal, balance in corners, quality of gait	2
15	A X	Down centerline Halt through the walk, salute	Balance in turns. Straightness on centerline. Willing, balanced, straight halt. Immobility	1

COLLECTIVE MARKS			Coeff
GAITS (purity, quality, elasticity, and regularity of tempo and rhythm)			1
SUPPLENESS & RELAXATION (looseness, flexibility, softness and balance)			2
RESPONSIVENESS, ATTENTIVENESS & HARMONY (the horse's willingness to receive the rider's aids)			2
RIDER - position (balance, position and independence of seat and legs)			2
RIDER - use and position of HANDS (quality of connection, lightness)			2
ACCURACY (geometry, timing, execution of transitions)			2