

## 2019 Dressage - Foundation Level Test 3

*Foundation Level:  
An introduction to the discipline of dressage*

- Rhythm, relaxation and freedom of movement are key
- An elementary attempt at bend and balance is shown
- Basic acceptance of the aids, obedience

### NEW MANEUVERS: 5 seconds halts

**Arena and Set up: Dressage court 20m x 40m or 20m x 60m**

|    |                  | TEST  | DIRECTIVES   | Coeff |
|----|------------------|---|--|-------|
| 1  | A<br>X           | Enter working trot<br>Halt through the walk, salute, develop working trot | Straightness on centerline. Willing, balanced, immobile halt   | 1     |
| 2  | C                | Track left working trot   | Balance in turns. Quality of gait  | 1     |
| 3  | Btwn<br>H&E<br>E | Develop working walk<br>Halt  | Willing transition. Quality of gait. Willing, balanced, straight halt  | 1     |
| 4  | E                | Stand for 5 seconds, proceed working walk                                 | Immobility. Willing transition. Quality of gait  | 2     |
| 5  | Btwn<br>E&K      | Develop working trot  | Willing transition. Quality of gait  | 1     |
| 6  | A                | Circle left 20m working trot  | Size and shape of circle, direction of bend, quality of gait   | 2     |
| 7  | FXH              | Change rein working trot  | Straightness on diagonal, quality of gait, balance in corners  | 1     |
| 8  | C                | Circle right 20m working trot   | Size and shape of circle, direction of bend, quality of gait   | 2     |
| 9  | Btwn<br>M&B<br>B | Develop working walk<br>Halt  | Willing transition. Quality of gait. Willing, balanced, straight halt  | 1     |
| 10 | B                | Stand for 5 seconds, proceed working walk                                 | Immobility. Willing transition. Quality of gait  | 2     |
| 11 | Btwn<br>B&F      | Develop working trot  | Willing transition. Quality of gait  | 1     |
| 12 | KXM              | Change rein working trot  | Straightness on diagonal, quality of gait, balance in corners  | 1     |
| 13 | Btwn<br>C&H      | Develop working walk  | Willing transition. Quality of gait  | 1     |
| 14 | H-K<br>K         | Free walk<br>Working walk   | Willingness to stretch the neck forward and down. Relaxation lengthening of stride. Willing and smooth transitions | 2     |
| 15 | A<br>D           | Down centerline<br>Halt through the walk, salute                          | Balance in turn. Straightness on centerline. Quality of gait. Willing, balanced, straight halt                     | 1     |

| COLLECTIVE MARKS  |  |  |  | Coeff |
|---|--|--|--|-------|
| GAITS (purity, quality, elasticity, and regularity of tempo and rhythm)                       |  |  |  | 1     |
| SUPPLENESS & RELAXATION (looseness, flexibility, softness and balance)                        |  |  |  | 2     |
| RESPONSIVENESS, ATTENTIVENESS & HARMONY (the horse's willingness to receive the rider's aids) |  |  |  | 2     |
| RIDER - position (balance, position and independence of seat and legs)                        |  |  |  | 2     |
| RIDER - use and position of HANDS (quality of connection, lightness)                          |  |  |  | 2     |
| ACCURACY (geometry, timing, execution of transitions)   |  |  |  | 2     |